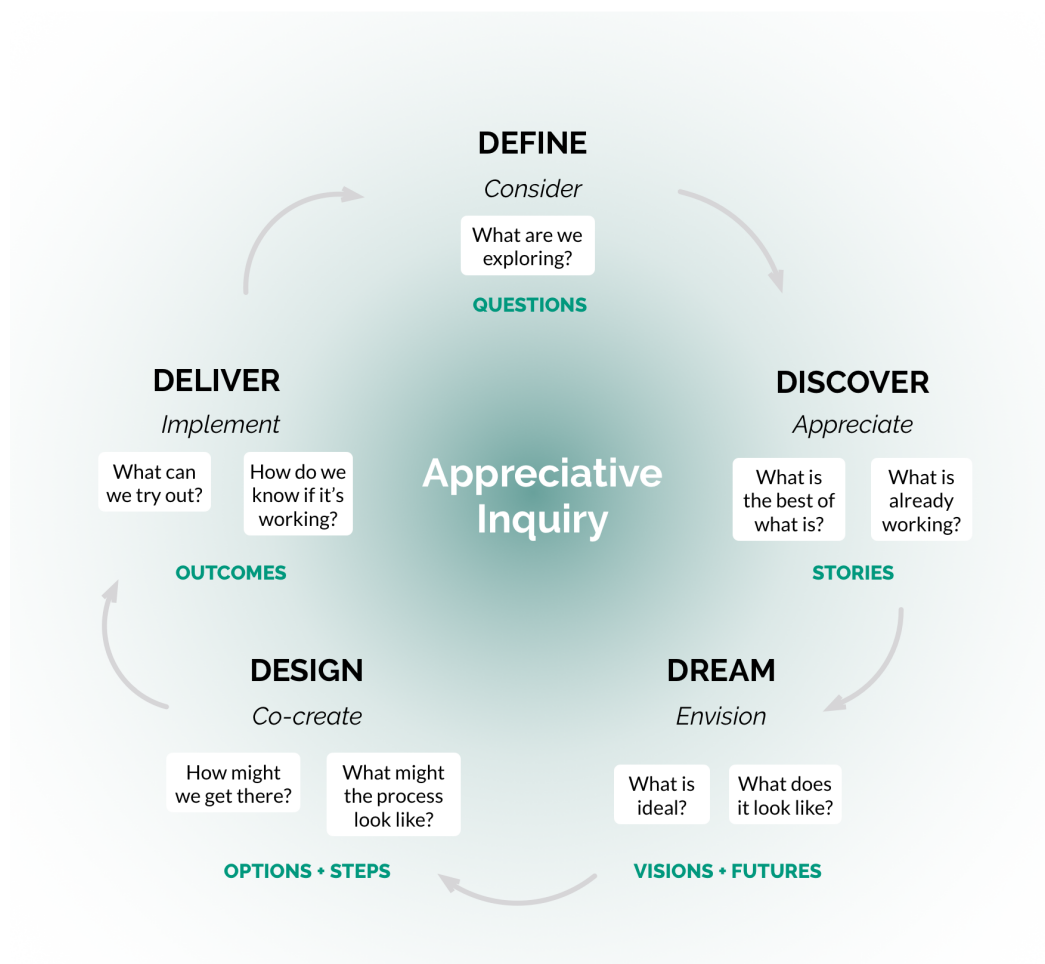


Conversation Coaching

This worksheet is to help you review and reflect after using *My Life My Health Care* in conversation with a patient. It uses an appreciative inquiry framework to help you unpack what's going on, what went well, and what could go better.

1. What **went well** during your conversation with this patient? While using the tool?
2. What **surprised** you about the conversation with this patient?
3. What **did you learn** from this patient?
4. How might that change the **way you care** for this patient?
5. What was **frustrating** about using the tool this time?

6. How might you try a **different approach** next time you use the tool?
7. What questions might help you **dig deeper** to understand the patient's perspective?



Appreciative inquiry framework